



# 2019 VIKING 5K

Please Join us for our end of school year celebration!

Join us on May 21, 2019, for the Fifth Annual Viking 5K run/walk. All Scioto Elementary students in grades 3, 4, and 5 and Teays Valley West Middle School students are invited to participate along with family members (that are not of school-age). The race will begin at 10:00 am at the West Middle School track. Online registration begins March 1, 2019. We are unable to accept paper registrations this year. Please email Betsy Richards at [brichards@tvsd.us](mailto:brichards@tvsd.us) if you

have any questions.

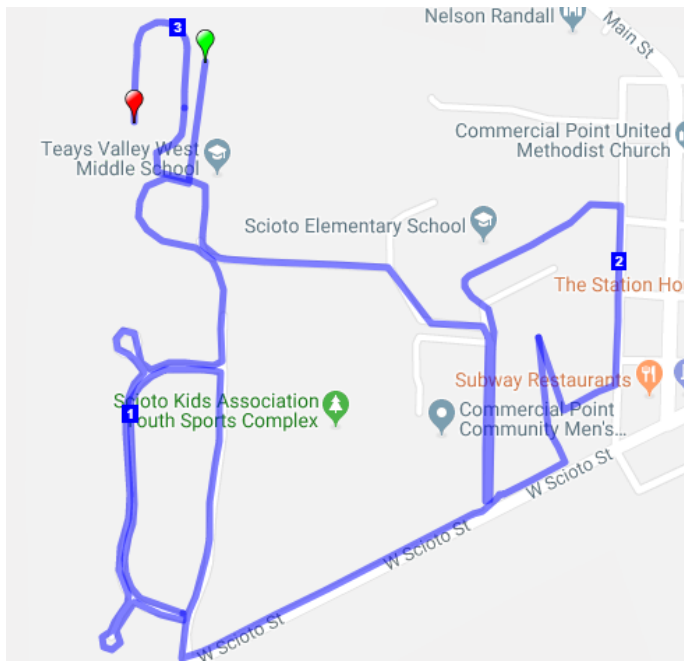
Race Website: <https://runsignup.com/tvsdviking5k>

We will also be sending out links in newsletters and emails for easy access to the website.

This year, all proceeds from the Viking 5k Fun Run will be donated to **Touched by Cancer**. Touched by Cancer is a local charity founded by Teays Valley graduate P.J. Tosca and Sharon Jeanneret. The mission of Touched by Cancer is to provide oncologic massage, yoga, relaxation therapies, and education to those touched by cancer. Their purpose is to empower individuals to create the optimum conditions for improved healing of the mind, body, and spirit at no cost to cancer patients. Our goal is to present a meaningful donation to this organization while uniting our community in a fun way that promotes health and well being.

We hope you will be able to join us this year for our annual Viking 5K!!!

## 2019 Course Map



### Registration Fees:

Students \$10 (includes t-shirt)

Adults \$15 (includes t-shirt)

**MUST SIGN UP BEFORE MAY 1 TO GET A T-SHIRT!!!**

The processing fees\* for online registration are based on the **FINAL CHECKOUT AMOUNT:**

- \$2.40 for \$10 and under
- \$3.20 for \$10.01 - \$30
- \$4.00 for \$30.01 - \$50
- 7.5% for \$50.01 - \$250
- 6% for \$250.01 - \$1000

\*This fee covers credit card processing charges

***Example: Two adults (\$15.00 each) plus two students (\$10.00 each) would total \$50.00. The processing fee would be \$4.00 so the total cost for the four people would be \$54.00.***